



**2019 COURSE GUIDE & FOR GRADES 3-12**

Courses intended for grades 3-5 (ages 8-11) and 6-12 (ages 12-21).

Courses are available in both English and Spanish.

Most student courses have adult versions for educators and parents and guardians.

All content is built upon research and evidence-based practices.

Based on Multi-Tiered System of Support (MTSS) and Positive Behavioral Interventions & Supports (PBIS) best practices.

All courses may be assigned as Tier 1, 2 or 3\*

Courses are designed to be paired to wrap around all facets of a student's needs.

Students and adults may complete courses based on interest, preference, prevention or intervention needs.

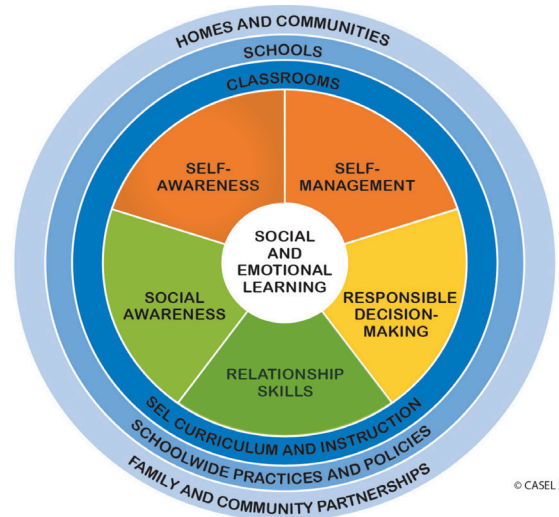
\* Tier 1, 2 and 3 reference: Multi-Tiered System of Support (MTSS)

+ = Courses approved, sponsored or co-authored by national organizations, ▶ = Available early 2019  
 • = Recommended as prevention courses. However, other courses may be substituted for these. All courses may be used for prevention or intervention.

BASE EDUCATION COURSES	ALIGNMENT TO CASEL	ANTICIPATED 2019 RELEASES
<b>Grades 3-5</b>		<b>Grades 3-5</b>
All About Me	●●●●●	Empathy
Bullying and Cyberbullying	●●●●●	Feeling Proud
Digital Safety	●●●●●	Goals
Keeping Calm ▶	●●●●●	Healthy Friendships
<b>Grades 6-12</b>		<b>Grades 6-12</b>
Adrenaline	●●●●●	Member of My Community
Anger Management	●●●●●	Using My Voice
Anxiety ▶	●●●●●	<b>Grades 6-12</b>
+ Avoiding Exploitation (Human Trafficking) (Supported by iEmphathize)	●●●●●	Aggression
Black and White Thinking	●●●●●	Gangs
• Bullying/Cyberbullying	●●●●●	Grief and Loss
Character Traits	●●●●●	High Performance Stress
Coping Strategies	●●●●●	Hopelessness
Cultural Implications Within Family and Learned Behavior	●●●●●	Mood Management
Depression	●●●●●	Personal Safety (meets Erin's Law Requirements)
• Digital Citizenship	●●●●●	Self-Harm
• Future Goals	●●●●●	Students of Divorce
+ Getting to Know You (Supported by PALS4Ed)	●●●●●	Students of Incarcerated Parents
Healthy Communication	●●●●●	
Impulsive Decision-Making	●●●●●	
Irrational Thinking	●●●●●	
Learned Helplessness	●●●●●	
• Motivation	●●●●●	
Primary and Secondary Impacts of Behavior	●●●●●	
Putting it all Together	●●●●●	
+ Raising Awareness About Opioid Addiction (Co-created by the FBI and DEA)	●●●●●	
Refocus	●●●●●	
Refusal Skills	●●●●●	
Restorative Practices	●●●●●	
• Self-Esteem	●●●●●	
Strategies for Successful Return to School	●●●●●	
+ Substance Abuse Series (16 Modules) (Developed in accordance with FBI/DEA and Act on Drugs)		
An Introduction to Substance Abuse	●●●●●	
Drugs and the Body	●●●●●	
Drugs and the Mind	●●●●●	
Stimulants	●●●●●	
Depressants (including alcohol)	●●●●●	
Hallucinogens	●●●●●	
Opioids	●●●●●	
Cannabis	●●●●●	
New Psychoactive Substances/Synthetic Drugs	●●●●●	
Tobacco	●●●●●	
Vaping and JUULing ▶	●●●●●	
Drugs and Relationships	●●●●●	
Overcoming Drugs	●●●●●	
Your Story	●●●●●	
Living Drug Free	●●●●●	
Substance Abuse Wrap Up	●●●●●	
Suicide Prevention and Education ▶	●●●●●	
Talking to Parents and Guardians	●●●●●	
Talking to Peers	●●●●●	
+ Truancy (Approved by the National Center for School Engagement Practices)	●●●●●	
Vision of Self	●●●●●	

**Core SEL Competencies**

Collaborative for Academic, Social, and Emotional Learning (CASEL) is the nation's leading organization advancing the development of academic, social, and emotional competence for all students. CASEL recommends five core competencies when teaching SEL. BASE Education courses align with the CASEL core competencies.



©2017 Collaborative for Academic, Social, and Emotional Learning (CASEL). casel.org

- Relationship Skills
- Social Awareness
- Self-Awareness
- Self-Management
- Responsible Decision Making



ODYSSEYWARE.COM  
877.795.8904