



# Research *focus*

IN A RIGOROUS, CONTROLLED, RANDOMIZED TRIAL, BASE EDUCATION OUTCOMES PROVE THAT MORE BASE IS BETTER.

*Data from recent findings demonstrated the effectiveness of BASE Education for positive youth outcomes.*

In a recent study with 294 students and 22 teachers, BASE Education proved that “more BASE is better”.

The study, run by the 3C Institute [www.3cisd.com](http://www.3cisd.com), was an IRB-approved, randomized, controlled design.

Findings revealed that the more time students spent in the BASE platform, the better the outcomes. The recommended prescribed “dosage” of the BASE program is a minimum of 20 minutes per module.

BASE Education, which stands for Behavioral And Social-Emotional Education is an online prevention and intervention tool for students. BASE consists of modules, including self-esteem, human trafficking, digital citizenship, bullying, substance abuse, and suicide education and prevention to name a few.

BASE is a clinically designed program that is equipped to take on the hard topics and help admins, students, and parents/guardians to learn and grow.

## Helping youth connect with school and themselves...



## STUDENTS REPORTED

After using the BASE program, students reported an increase in hopefulness and confidence. In addition, student findings indicated that they felt “less lonely”, and more capable of handling their personal stressors.

Students also showed greater gains in efficacy, knowledge acquisition, and cognitive skills. All eight measures revealed consistent findings, proving that the longer students spent in the program, the better the outcomes.



## Teachers Reported

*Compared to the control group, the students who used the BASE program showed a “significant improvement in school engagement”.*

Greater school connection, increased confidence, enhanced cognitive skills... these were just some of the findings in the BASE study.

In other studies, research indicated that students connected with BASE. They connected so much that students were logging in during the off hours. This prompted the BASE team to implement time parameters

for students to access to the program.

In another research brief, examiners found that the average completion percentage of BASE was 86.79%.

In the same study, researchers discovered that the average disclosure rate was 10. This means that on average, each participant shared 10 personal aspects of their life per course module.

**“This is amazing!  
We are getting  
there.”  
-Sean Precious**

Denver Public Schools

In a similar study, data from 625 modules was used in the analysis of Firewords (a BASE proprietary system that instantly notifies adults of potentially harmful language). The findings revealed that 29% of Firewords are significant in content. The themes of the Firewords contained threats of violence self-harm, suicide, bullying and depression.

In a time when reliable, competent, and engaging approaches matter more than ever, BASE is leading the pack and making a difference.

*According to the Theory of Change, which is “a comprehensive description of how and why a desired change is expected to happen in a particular context”, (<https://www.theoryofchange.org/what-is-theory-of-change/>), BASE consistently leads to positive behavior changes.*

**SMARTER  
PROGRAMS:  
Experience  
Matters**



SEL is our business.

With decades of clinical experience, the BASE team has brought evidence-based, relevant, and therapeutic material to the forefront.